



7:00 – 9:00 AM: ARRIVAL / BREAKFAST / FREE PLAY

Children may select toys, puzzles books and games at their leisure. This time is structured for self-guided playtime, permitting your child to choose what and who they play with, for however long they choose. Hot breakfast is also served during this time.

9:00 - 9:30 AM: GROUP TIME

This is time for our class to come together and learn the days of the week, months of the year, talk about the day ahead, say the Pledge of Allegiance and play group, academic games.

9:30 - 11:00 AM: WATER PLAY / PICNIC at the PARK / CRAFT DAY

Alternating days, we will either be having some sort of “water fun” (shallow pools, sprinklers, water balloons), walking to the local park to play and eat or doing some sort of craft

10:30 - 11:15 AM: MUSIC & MOVEMENT / OUTSIDE PLAYTIME

Music is an important part of a child’s day and we incorporate it throughout our lessons and games. Physical activity is just as important and we will go outside at least twice a day, weather permitting. If weather does not cooperate, we will play physical games indoors to get our wiggles out.

11:15 - 11:45 AM: LUNCH

We provide a nutritional lunch, including a fruit, vegetable, protein, carbohydrate and milk serving. We also have individually labeled water bottles readily accessible for your child to drink from throughout the day at any point he/she desires.

11:45 – 12:15 PM: OUTSIDE TIME

Weather permitting, we will return outside. If we can’t go back outside, we will watch an educational show while we prepare for naptime; lunch clean-up, diapers, potty break, cot placement etc. also occur during this time.

12:15 - 12:30 PM: STORY TIME

This is a time for your child to hear stories, sing songs, do yoga, relax and prepare for naptime.

12:30 - 2:30 PM: NAP / REST TIME

Your child will be provided with a cot and sheet. Please bring a pillow and blanket for your child that can be left here (we launder them weekly). Children are expected to lie quietly. If your child chooses not to nap, or does not fall asleep within a reasonable amount of time, he/she will be provided with books to read quietly.

2:30 - 3:00 PM: AFTERNOON SNACK

A nutritious snack consisting of either carbohydrates, fruits or vegetables will be provided.

3:00 - 4:00 PM: AFTERNOON CRAFT

We will do a fun craft that pertains to our theme for the week.

4:00 - 5:00 PM: FREE PLAY / OUTSIDE TIME / PICK-UP TIME

Self-guided playtime for your child to explore, create and play to wherever their imagination takes them, both indoors and out.

THURSDAY’S

We follow the above schedule, but from 10-10:30, a librarian comes to our school to read stories and do puppet shows.

FRIDAY’S

We follow the above schedule, but towards the end of the day, we fit in Movie Day with popcorn and Special Treat Day, rewards for having a good week at school.